Sven Streit

To be or not to be a GP? – ask your family

What does your family think of you being, or becoming, a GP? Do they want you to take on their advice? We have asked national representatives of Vasco da Gama from all over Europe.

"My parents are just happy that I could become a doctor and let me be free to realise my professional life. For my father, being a GP represents a sort of social recognition (he works in a municipal office and is in contact with many people from different social levels) and he knows the authority that a doctor can have, especially in small towns. My mother is just happy that I could find my way, as being a GP fits my attitude to forge relationships with others, though she also thinks that I could have been a good teacher. My brother and sister are happy for me as well, though they have no idea of GPs' tasks and think that I have been studying too much to become a GP. They feel more secure having a doctor at home and they often profit from this situation by bypassing their own GP."

David Fasoletti, 37, GP, waiting to get a stable practice soon, Italy

"My family was very content with me becoming a GP. Family medicine has been one of the three main branches of medicine for a long time together with internal medicine and surgery. Maybe because we have vast rural areas with long distances to a hospital, the GP has a strong position in Norway."

Thomas Mildestvedt, 38, GP, Norway

"My father (a veterinarian for big animals) was really happy when I chose medicine instead of veterinary medicine. He was happy for me, saying that I will work in clean conditions and in an office, which is not the same in his case. Well, that is true. However on the other hand, when I see some extremely 'difficult' patients I cannot think about the fact that sometimes animals act more civilised than some humans."

Marko Drěšcek, 33, Slovenia

"My brothers are happy that I am a doctor so that they can call me when they are ill. My parents love that I became a doctor but I think they prefer to use the private system even though I work in the public system (the public system in Spain is far better than the private one, from my point of view)."

Sara del Olmo Fernández, 30, GP, Madrid, Spain

"My partner is happy that I became a GP, since in this way I have realised my professional dream." Andrea Poppelier, GP, France

"At first my parents would have liked me to become a neurosurgeon, like their godson, but now they are very happy that I have become a GP because I can help them with almost all of their health problems – from coxarthrosis to high blood pressure." *Marcus Schmidt, 34, GP, Frankfurt, Germany* "My mother says something like: "it is very good that you have become a GP. They really know a range of problems and they are doctors for people, and not just for one problem or organ." My grandmothers are happy that I am any doctor because they are very proud of it. My daughter did not like my job at all until her last year of high school when she suddenly decided to go to medical school, and so far she is interested in internal medicine and thinks my job is too heavy and not recognised and rewarded very well by society/public and colleagues of other medical disciplines." *Jasna Vucak, GP, Croatia*

"My family is happy that I am a GP. Generally they are all fine about it. My grandmother thinks that she is half of a doctor too when she has a granddaughter who is a GP. My sister is happy that I have a dermatologist as a friend, and she takes advantage of booking appointments with her. My mother is happy that I am a doctor; her first boyfriend became a physician after they had separated, so she is a little bit nostalgic about it. My father doesn t have any special comments about my career. My husband is a GP as well, but he often complains that he should have become an orthopaedic specialist." *Katerina Javorska, 31, GP, the Czech republic*

"My father is the happiest one in family about me because I perform primary care for people. My mother is not happy because I am not a gynaecologist. My husband is an internal medicine doctor, and he started to think about being a GP after he married me. My sister worried about me because of my workload as a GP in Turkey." Zelal Akbayin, GP trainee, 30, Turkey

Es weihnachtet - werden Sie Pate!

Am 2. April 2011 wird die JHaS ihren ersten Kongress mit dem Thema «Hausarzt werden? Hausarzt werden!» durchführen. Wir freuen uns bereits heute auf viele Teilnehmende. Aber wie können wir den Generationenaustausch noch mehr fördern? Indem Sie als Hausarzt einem Jungarzt die Kongressgebühr und oder das Abendprogramm als Pate schenken.

Machen Sie mit bei der Patenaktion des 1. JHaS-Kongresses!

Als **Student, Assistenzarzt oder junger Hausarzt (bis fünf Jahre nach Praxiseröffnung)** kennst du möglicherweise einen etablierten Hausarzt, der dich fördern würde, indem er dir die Kongressgebühr und/oder das Abendprogramm sponsert? Frage ihn oder sie doch an, ob Interesse besteht. Anmeldung und mehr auf www.congress-info.ch/jhas2011

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