

## Dernière page

Vous n'avez pas besoin de recopier ces liens un par un sur votre ordinateur. Vous pouvez y accéder directement avec la liste qui se trouve sur le site de PrimaryCare sous Archives → Dernière page.

### Wonca Journal Watch

Synopses of articles from the medical literature relevant to family doctors, extracted from family medicine, general and specialist journals.

### Chronic nonmalignant pain

«Chronic pain – defined as pain at  $\geq 1$  anatomic sites for  $\geq 6$  months – can substantially impair adaptation and vocational and interpersonal functioning. Treatments that focus solely on analgesics are shortsighted and often of limited benefit. Patients with chronic pain need a rehabilitative approach that incorporates psychiatric and psychological intervention.»

- Leo RJ. Chronic nonmalignant pain: How to 'turn down' its physiologic triggers. *Current Psychiatry*. 2008;7(8):19-36. Available from: <http://www.currentpsychiatry.com/ArticleToPdf.asp?PID=6431&UID=>

### Obstructive sleep apnea: Recognition and management in primary care

This supplement reviews the impact and management of OSA and its most common symptom, excessive sleepiness (ES), from the perspective of the PCP with patients at risk for OSA.

- Pagel JF, Hirshkowitz M, Doghramji PP, Ballard RD. Obstructive sleep apnea: Recognition and management in primary care. Supplement to *J Fam Pract*. 2008;57(8):Suppl: S2. Available from: [http://www.jfponline.com/pdf/SupplJFP\\_OSA.pdf](http://www.jfponline.com/pdf/SupplJFP_OSA.pdf)

### Bacterial conjunctivitis: A review for internists

«Bacterial conjunctivitis is common and occurs in patients of all ages. Typical signs are a red eye and purulent drainage that persists throughout the day. Gonococcal and chlamydial conjunctivitis must be treated with systemic antibiotics. Bacterial conjunctivitis due to most other organisms can be treated empirically with topical antibiotics. Red flags suggesting a complicated case requiring referral to an ophthalmologist include reduced vision, severe eye pain, a hazy-appearing cornea, contact lens use, and poor response to empirical treatment.»

- Tarabishy AB, Jeng BH. Bacterial conjunctivitis: A review for internists. *Cleveland Clin J Med*. 2008;75(7):507-12. Available from: [http://www.ccjm.org/ccjm\\_pdfs\\_toc/July08\\_Tarabishy.pdf](http://www.ccjm.org/ccjm_pdfs_toc/July08_Tarabishy.pdf)

### Methotrexate and etanercept is beneficial in active, early, severe rheumatoid arthritis

The researchers concluded: «Both clinical remission and radiographic non-progression are achievable goals in patients with early severe rheumatoid arthritis within 1 year of combined treatment with etanercept plus methotrexate.»

- Emery P, Breedveld FC, Hall S, Durez P, Chang DJ, et al. Comparison of methotrexate monotherapy with a combination of methotrexate and etanercept in active, early, moderate to severe rheumatoid arthritis (COMET): a randomised, double-blind, parallel treatment trial. *Lancet*. 2008;372(9636):375-82. Epub 2008 Jul 16. Available from: <http://download.thelancet.com/pdfs/journals/0140-6736/PIIS0140673608610004.pdf>

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### Congressi

#### Convegno internazionale «La musica e i giovani»

La pratica creativa della musica nel disagio giovanile

Sabato 20 settembre 2008, ore 14.00-17.10, Centro Monte Verità, Ascona

Il disagio giovanile, con tutte le sue complicità psicosociali, occupa oggi molto spazio nei mass media. Gli interventi proposti per arginare il problema sono vari: nuove leggi restrittive, la repressione, il coprifuoco, l'operatore di strada, la responsabilizzazione legale della famiglia e altri metodi di contenimento. Più di raro si pensa alla vera prevenzione e all'atteggiamento della società nei confronti della crisi puberale, un passaggio obbligato e spesso per natura stessa ad alto rischio. L'attività musicale (libera, ricreativa e spesso anche aggressiva) potrebbe essere d'aiuto. Ma come proporla e gestirla? Riflettiamo sul tema con una forte esperienza sudamericana, con due autorevoli voci della vicina Penisola e con una testimonianza dalla Germania. Lingua ufficiale italiano (due relazioni in inglese)

Nessuna tassa di adesione ma iscrizione obbligatoria a: [simpo@luban.ch](mailto:simpo@luban.ch) fino al 15.09.2008

Crediti per formazione continua su richiesta

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