

# Dernière page

## Wonca Journal Watch

Synopses of articles from the medical literature relevant to family doctors, extracted from family medicine, general and specialist journals.

### Diabetes prevention, care, and education need to be targeted to men and women differently

The researchers concluded: "The results of this study provide evidence that diabetes prevention, care, and education need to be targeted to men and women differently. Primary care providers should encourage men to attend diabetes self-management education sessions and emphasize the benefits of self-care. Primary care providers should promote regular diabetes screening and primary prevention to women, particularly women with a family history of diabetes or a high body mass index; emphasize the importance of weight management for those with and without diabetes; and screen diabetic women for depressive symptoms."

- Gucciardi E, Wang SC, DeMelo M, Amaral L, Stewart DE. Characteristics of men and women with diabetes: observations during patients' initial visit to a diabetes education centre. *Can Fam Physician*. 2008;54(2):219-27. Available from: <http://www.cfp.ca/cgi/content/abstract/54/2/219>

### Not much differences between drug and placebo in depression

The researchers concluded: "Drug-placebo differences in antidepressant efficacy increase as a function of baseline severity, but are relatively small even for severely depressed patients. The relationship between initial severity and antidepressant efficacy is attributable to decreased responsiveness to placebo among very severely depressed patients, rather than to increased responsiveness to medication."

- Kirsch I, Deacon BJ, Huedo-Medina TB, Scoboria A, Moore TJ, Johnson BT. Initial severity and antidepressant benefits: a meta-analysis of data submitted to the Food and Drug Administration. *PLoS Med*. 2008;5(2):e45. Available from: <http://medicine.plosjournals.org/perlserv/?request=get-document&doi=10.1371/journal.pmed.0050045>

### Most patients with cough require reassurance rather than medications

The researchers concluded: "Most patients with cough require reassurance rather than medications, as their cough is self-limiting. Of the minority that requires medication, twice as many will benefit from adjustment of asthma medication as from antibiotics."

- Worrall GJ. One hundred coughs: family practice case series. *Can Fam Physician*. 2008;54(2):236-7. Available from: <http://www.cfp.ca/cgi/content/abstract/54/2/236>

## Wonca clinical reviews

Outstanding review articles on topics relevant to family medicine derived after scanning over 190 family medicine, general and specialist journals.

### Targeted therapies: a new generation of cancer treatments

- Gerber DE. Targeted therapies: a new generation of cancer treatments. *Am Fam Physician*. 2008;77(3):311-9. Available from: <http://www.aafp.org/afp/20080201/311.html>

### Diagnosis of ear pain

- Ely JW, Hansen MR, Clark EC. Diagnosis of ear pain. *Am Fam Physician*. 2008;77(5):621-8. Available from: <http://www.aafp.org/afp/20080301/621.html>

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**Editions**  
EMH Editores Medicorum Helveticorum  
EMH Editions médicales suisses SA  
Farnsburgerstrasse 8, CH-4132 Muttenz  
tél. +41 (0)61 467 85 55  
fax +41 (0)61 467 85 56  
site internet <http://www.emh.ch>

**Sociétés gestionnaires**  
Collège de médecine de premier recours  
Société Suisse de Médecine Générale  
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Joël Cuénod, Bruno Kissling,  
Danièle Lefebvre, Pierre Loeb,  
Franz Marty, Natalie Marty, Paul Meier,  
Rudolf Meyer, Stefan Neuner, Jürg Pfisterer,  
Edy Riesen, Bernhard Rindlisbacher,  
Peter Tschudi, Daniel Widmer

**Adresse de la rédaction**  
Rédaction PrimaryCare  
EMH Editions médicales suisses SA  
Farnsburgerstrasse 8,  
CH-4132 Muttenz  
tél. +41 (0)61 467 85 54,  
fax +41 (0)61 467 85 56  
E-Mail: [primary-care@emh.ch](mailto:primary-care@emh.ch)  
Site web: [www.primary-care.ch](http://www.primary-care.ch)

**Collaborateurs libres**  
Alex Ammann, Peter Schläppi

**Lectorat**  
Christiane Hoffmann

**Announces**  
Ariane Furrer, Assistante Placement  
des annonces, tél. +41 (0)61 467 85 88  
fax +41 (0)61 467 85 56  
E-Mail: [afurrer@emh.ch](mailto:afurrer@emh.ch)

**Marketing EMH**  
Thomas Gierl M.A., Responsable  
marketing et communication  
tél. +41 (0)61 467 85 49  
fax +41 (0)61 467 85 56  
E-Mail: [tgierl@emh.ch](mailto:tgierl@emh.ch)

**Abonnements EMH**  
tél. +41 (0)61 467 85 75, fax +41 (0)61 467 85 76  
E-Mail: [abo@emh.ch](mailto:abo@emh.ch)

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