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Wonca Journal Watch

Signs and symptoms of UTI in children

The researchers concluded: "Although individual signs and symptoms were helpful in the diagnosis of a UTI, they were not sufficiently accurate to definitively diagnose UTIs. Combination of findings can identify infants with a low likelihood of a UTI."

- Shaikh N, Morone NE, Lopez J, Chianese J, Sangvai S, et al. Does this child have a urinary tract infection? *JAMA*. 2007;298(24):2895-904.

A modest amount of moderate-intensity exercise in the absence of dietary changes significantly improved metabolic syndrome

The researchers concluded: "... a modest amount of moderate-intensity exercise in the absence of dietary changes significantly improved MS and thus supported the recommendation that adults get 30 minutes of moderate-intensity exercise every day. A higher amount of vigorous exercise had greater and more widespread benefits. Finally, there was an indication that moderate-intensity may be better than vigorous-intensity exercise for improving MS."

- Johnson JL, Slentz CA, Houmard JA, Samsa GP, Duscha BD, et al. Exercise training amount and intensity effects on metabolic syndrome (from studies of a targeted risk reduction intervention through defined exercise). *Am J Cardiol*. 2007;100(12):1759-66.

10-year survival equal with PCI and CABG

The authors concluded: "Compared with PCI, CABG was more effective in relieving angina and led to fewer repeated revascularizations but had

a higher risk for procedural stroke. Survival to 10 years was similar for both procedures."

- Bravata DM, Gienger AL, McDonald KM, Sundaram V, Perez MV, et al. Systematic review: the comparative effectiveness of percutaneous coronary interventions and coronary artery bypass graft surgery. *Ann Intern Med*. 2007;147(10):703-16.

Knowledge assessment instrument for assessing understanding of postpartum tubal sterilization for consent requirements

The researchers concluded: "The PTSK-Q is a valid, readable and reliable knowledge assessment instrument for assessing understanding of postpartum sterilization and Medicaid sterilization consent requirements."

- Zeit NB, Wallace LS. Development and validation of a Medicaid postpartum tubal sterilization knowledge questionnaire. *Contraception*. 2007;76(4):28791.

Consistent condom use associated with a decrease in the risk for bacterial vaginosis

The researchers concluded: "Consistent condom use was associated with a decrease in the risk for bacterial vaginosis and associated vaginal microflora."

- Hutchinson KB, Kip KE, Ness RB. Condom use and its association with bacterial vaginosis and bacterial vaginosis-associated vaginal microflora. *Epidemiology*. 2007;18(6):702-8.

Wonca clinical reviews

Outstanding review articles on topics relevant to family medicine derived after scanning over 190 family medicine, general and specialist journals.

Time is brain – acute stroke management

- Dhamija RK, Donnan GA. Time is brain – acute stroke management. *Aust Fam Physician*. 2007 Nov;36(11):892-5. Available from: <http://www.aafp.org/afp/20071201/1679.html>.

Differential diagnosis of swollen red eyelid

- Papier A, Tuttle DJ, Mahar T.J. Differential diagnosis of the swollen red eyelid. *Am Fam Physician*. 2007;76:1815-24. Available from: <http://www.aafp.org/afp/20071215/1815.pdf>.

Effects of early nutritional interventions on the development of atopic disease

- Greer FR, Sicherer SH, Burks AW; American Academy of Pediatrics Committee on Nutrition; American Academy of Pediatrics Section on Allergy and Immunology. Effects of early nutritional interventions on the development of atopic disease in infants and children: The role of maternal dietary restriction, breastfeeding, timing of introduction of complementary foods, and hydrolyzed formulas. *Pediatrics*. 2008 Jan;121(1):183-91. Available from: <http://pediatrics.aappublications.org/cgi/content/full/121/1/183>.

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