

## Letzte Seite

Die Links auf dieser Seite müssen Sie nicht einzeln in Ihrem Browser eingeben. Sie finden Sie als Liste auf der Website von PrimaryCare unter «Archiv → Letzte Seite».

### Wonca Journal Watch

Synopses of articles from the medical literature relevant to family doctors, extracted from family medicine, general and specialist journals.

### Chronic nonmalignant pain

«Chronic pain – defined as pain at  $\geq 1$  anatomic sites for  $\geq 6$  months – can substantially impair adaptation and vocational and interpersonal functioning. Treatments that focus solely on analgesics are shortsighted and often of limited benefit. Patients with chronic pain need a rehabilitative approach that incorporates psychiatric and psychological intervention.»

- Leo RJ. Chronic nonmalignant pain: How to 'turn down' its physiologic triggers. *Current Psychiatry*. 2008;7(8):19-36. Available from: <http://www.currentpsychiatry.com/ArticleToPdf.asp?PID=6431&UID=>

### Obstructive sleep apnea: Recognition and management in primary care

This supplement reviews the impact and management of OSA and its most common symptom, excessive sleepiness (ES), from the perspective of the PCP with patients at risk for OSA.

- Page JF, Hirshkowitz M, Doghramji PP, Ballard RD. Obstructive sleep apnea: Recognition and management in primary care. Supplement to *J Fam Pract*. 2008;57(8):Suppl: S2. Available from: [http://www.jfponline.com/pdf/SupplJFP\\_OSA.pdf](http://www.jfponline.com/pdf/SupplJFP_OSA.pdf)

### Bacterial conjunctivitis: A review for internists

«Bacterial conjunctivitis is common and occurs in patients of all ages. Typical signs are a red eye and purulent drainage that persists throughout the day. Gonococcal and chlamydial conjunctivitis must be treated with systemic antibiotics. Bacterial conjunctivitis due to most other organisms can be treated empirically with topical antibiotics. Red flags suggesting a complicated case requiring referral to an ophthalmologist include reduced vision, severe eye pain, a hazy-appearing cornea, contact lens use, and poor response to empirical treatment.»

- Tarabishy AB, Jeng BH. Bacterial conjunctivitis: A review for internists. *Cleveland Clin J Med*. 2008;75(7):507-12. Available from: [http://www.ccm.org/ccjm\\_pdfs\\_toc/July08\\_Tarabishy.pdf](http://www.ccm.org/ccjm_pdfs_toc/July08_Tarabishy.pdf)

### Methotrexate and etanercept is beneficial in active, early, severe rheumatoid arthritis

The researchers concluded: «Both clinical remission and radiographic non-progression are achievable goals in patients with early severe rheumatoid arthritis within 1 year of combined treatment with etanercept plus methotrexate.»

- Emery P, Breedveld FC, Hall S, Durez P, Chang DJ, et al. Comparison of methotrexate monotherapy with a combination of methotrexate and etanercept in active, early, moderate to severe rheumatoid arthritis (COMET): a randomised, double-blind, parallel treatment trial. *Lancet*. 2008;372(9636):375-82. Epub 2008 Jul 16. Available from: <http://download.thelancet.com/pdfs/journals/0140-6736/PIIS0140673608610004.pdf>

Journal Alerts is a free service from Global Family Doctor – Wonca Online. Enrol for Journal Alerts: <http://www.globalfamilydoctor.com/journalalerts/journalalerts.asp>. Journal Alerts are sent by e-mail on Tuesdays, Wednesdays and Thursdays.

### Congressi

#### Convegno internazionale «La musica e i giovani»

La pratica creativa della musica nel disagio giovanile  
Sabato 20 settembre 2008, ore 14.00-17.10, Centro Monte Verità, Ascona

Il disagio giovanile, con tutte le sue complicanze psicosociali, occupa oggi molto spazio nei mass media. Gli interventi proposti per arginare il problema sono vari: nuove leggi restrittive, la repressione, il coprifuoco, l'operatore di strada, la responsabilizzazione legale della famiglia e altri metodi di contenimento. Più di raro si pensa alla vera prevenzione e all'atteggiamento della società nei confronti della crisi puberale, un passaggio obbligato e spesso per natura stessa ad alto rischio. L'attività musicale (libera, ricreativa e spesso anche aggressiva) potrebbe essere d'aiuto. Ma come proporla e gestirla? Riflettiamo sul tema con una forte esperienza sudamericana, con due autorevoli voci della vicina Penisola e con una testimonianza dalla Germania. Lingua ufficiale italiano (due relazioni in inglese)

Nessuna tassa di adesione ma iscrizione obbligatoria a: [simpo@luban.ch](mailto:simpo@luban.ch) fino al 15.09.2008

Crediti per formazione continua su richiesta

Info: Dr. Sergio Luban, Via della Pace 9, CH-6600 Locarno, tel. 091/751 84 84

## IMPRESSUM

**Verlag**  
EMH Editores Medicorum Helveticorum  
EMH Schweizerischer Ärzteverlag AG  
Farnsbürgerstrasse 8,  
CH-4132 Muttenz  
Tel. +41 (0)61 467 85 55  
Fax +41 (0)61 467 85 56  
Website [www.emh.ch](http://www.emh.ch)

**Trägergesellschaften**  
Kollegium für Hausarztmedizin  
Schweizerische Gesellschaft für Allgemeinmedizin  
Schweizerische Gesellschaft für Innere Medizin  
Schweizerische Gesellschaft für Pädiatrie  
Schweizerische Akademie für Psychosomatische und Psychosoziale Medizin

**Redaktion**  
Joël Cuénod, Bruno Kissling,  
Danièle Lefebvre, Pierre Loeb,  
Franz Marty, Natalie Marty, Paul Meier,  
Rudolf Meyer, Stefan Neuner, Jürg Pfisterer,  
Edy Riesen, Bernhard Rindlisbacher,  
Peter Tschudi, Daniel Widmer

**Redaktionsadresse**  
Redaktion PrimaryCare  
EMH Schweizerischer Ärzteverlag AG  
Farnsbürgerstrasse 8  
CH-4132 Muttenz  
Tel. +41 (0)61 467 85 54  
Fax +41 (0)61 467 85 56  
E-Mail: [primary-care@emh.ch](mailto:primary-care@emh.ch)  
Website [www.primary-care.ch](http://www.primary-care.ch)

**Freie Mitarbeiter**  
Alex Ammann, Peter Schläppi

**Lektorat**  
Tobias Lerch

**Inserate EMH**  
Ariane Furrer, Assistentin Inserateregie,  
Tel. +41 (0)61 467 85 88  
Fax +41 (0)61 467 85 56  
E-Mail: [afurrer@emh.ch](mailto:afurrer@emh.ch)

**Marketing EMH**  
Thomas Gierl M.A., Leiter Marketing  
und Kommunikation  
Tel. +41 (0)61 467 85 49  
Fax +41 (0)61 467 85 56  
E-Mail: [tgierl@emh.ch](mailto:tgierl@emh.ch)

**Abonnemente EMH**  
Tel. +41 (0)61 467 85 75, Fax +41 (0)61 467 85 76  
E-Mail: [abo@emh.ch](mailto:abo@emh.ch)

**Jahresabonnement**  
CHF 125.– (zuzüglich Porto)

**Herstellung**  
Schwabe AG, Muttenz

ISSN 1424-3776      Erscheint 2008 20mal

© 2008 by EMH Schweizerischer Ärzteverlag AG, Basel. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or be translated without prior permission, in writing, of the EMH.