

Letzte Seite

Wonca Journal Watch

Synopses of articles from the medical literature relevant to family doctors, extracted from family medicine, general and specialist journals.

Diabetes prevention, care, and education need to be targeted to men and women differently

The researchers concluded: "The results of this study provide evidence that diabetes prevention, care, and education need to be targeted to men and women differently. Primary care providers should encourage men to attend diabetes self-management education sessions and emphasize the benefits of self-care. Primary care providers should promote regular diabetes screening and primary prevention to women, particularly women with a family history of diabetes or a high body mass index; emphasize the importance of weight management for those with and without diabetes; and screen diabetic women for depressive symptoms."

- Gucciardi E, Wang SC, DeMelo M, Amaral L, Stewart DE. Characteristics of men and women with diabetes: observations during patients' initial visit to a diabetes education centre. *Can Fam Physician*. 2008;54(2):219–27. Available from: <http://www.cfp.ca/cgi/content/abstract/54/2/219>

Not much differences between drug and placebo in depression

The researchers concluded: "Drug-placebo differences in antidepressant efficacy increase as a function of baseline severity, but are relatively small even for severely depressed patients. The relationship between initial severity and antidepressant efficacy is attributable to decreased responsiveness to placebo among very severely depressed patients, rather than to increased responsiveness to medication."

- Kirsch I, Deacon BJ, Huedo-Medina TB, Scoboria A, Moore TJ, Johnson BT. Initial severity and antidepressant benefits: a meta-analysis of data submitted to the Food and Drug Administration. *PLoS Med*. 2008;5(2):e45. Available from: <http://medicine.plosjournals.org/perlserv/?request=get-document&doi=10.1371/journal.pmed.0050045>

Most patients with cough require reassurance rather than medications

The researchers concluded: "Most patients with cough require reassurance rather than medications, as their cough is self-limiting. Of the minority that requires medication, twice as many will benefit from adjustment of asthma medication as from antibiotics."

- Worrall GJ. One hundred coughs: family practice case series. *Can Fam Physician*. 2008;54(2):236–7. Available from: <http://www.cfp.ca/cgi/content/abstract/54/2/236>

Wonca clinical reviews

Outstanding review articles on topics relevant to family medicine derived after scanning over 190 family medicine, general and specialist journals.

Targeted therapies: a new generation of cancer treatments

- Gerber DE. Targeted therapies: a new generation of cancer treatments. *Am Fam Physician*. 2008;77(3):311–9. Available from: <http://www.aafp.org/afp/20080201/311.html>

Diagnosis of ear pain

- Ely JW, Hansen MR, Clark EC. Diagnosis of ear pain. *Am Fam Physician*. 2008;77(5):621–8. Available from: <http://www.aafp.org/afp/20080301/621.html>

Journal Alerts is a free service from Global Family Doctor – Wonca Online. Enrol for Journal Alerts: <http://www.globalfamilydoctor.com/journalalerts/journalalerts.asp>. Journal Alerts are sent by e-mail on Tuesdays, Wednesdays and Thursdays.

IMPRESSUM

Verlag
EMH Editores Medicorum Helveticorum
EMH Schweizerischer Ärzteverlag AG
Farnsburgerstrasse 8, CH-4132 Muttentz
Tel. +41 (0)61 467 85 55
Fax +41 (0)61 467 85 56
Website www.emh.ch

Trägersgesellschaften
Kollegium für Hausarztmedizin
Schweizerische Gesellschaft für Allgemeinmedizin
Schweizerische Gesellschaft für Innere Medizin
Schweizerische Gesellschaft für Pädiatrie
Schweizerische Gesellschaft für Psychosomatische und Psychosoziale Medizin
Akademie für Psychosomatische und Psychosoziale Medizin

Redaktion
Joël Cuénod, Bruno Kissling,
Danièle Lefebvre, Pierre Loeb,
Franz Marty, Natalie Marty, Paul Meier,
Rudolf Meyer, Stefan Neuner, Jürg Pfisterer,
Edy Riesen, Bernhard Rindlisbacher,
Peter Tschudi, Daniel Widmer

Redaktionsadresse
Redaktion PrimaryCare
EMH Schweizerischer Ärzteverlag AG
Farnsburgerstrasse 8
CH-4132 Muttentz
Tel. +41 (0)61 467 85 54
Fax +41 (0)61 467 85 56
E-Mail: primary-care@emh.ch
Website www.primary-care.ch

Freie Mitarbeiter
Alex Ammann, Peter Schläppi

Lektorat
Tobias Lerch

Inserate EMH
Ariane Furrer, Assistentin Inserateregion,
Tel. +41 (0)61 467 85 88
Fax +41 (0)61 467 85 56
E-Mail: afurrer@emh.ch

Marketing EMH
Thomas Gierl M.A., Leiter Marketing
und Kommunikation
Tel. +41 (0)61 467 85 49
Fax +41 (0)61 467 85 56
E-Mail: tgierl@emh.ch

Abonnemente EMH
Tel. +41 (0)61 467 85 75, Fax +41 (0)61 467 85 76
E-Mail: abo@emh.ch

Jahresabonnement
CHF 125.– (zuzüglich Porto)

Herstellung
Schwabe AG, Muttentz

ISSN 1424-3776 Erscheint 2008 20mal

© 2008 by EMH Schweizerischer Ärzteverlag AG, Basel. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or be translated without prior permission, in writing, of the EMH.